Recreation And Youth Development

The Youth Development HandbookHandbook of Youth DevelopmentYouth Development, 2nd EdPutting positive youth development into practiceEquipping Quality Youth Development ProfessionalsYouth Development and Neighborhood InfluencesCommunity Youth DevelopmentReconnecting Youth & CommunityTrends in Youth DevelopmentFraming Youth Development for Public SupportNew Frontiers for Youth Development in the Twenty-First CenturyYouth Programs as Builders of Social CapitalMobilizing Adults for Positive Youth DevelopmentToward Positive Youth DevelopmentCommunity Programs to Promote Youth DevelopmentYouth WorkAfter-School Programs to Promote Positive Youth DevelopmentThe Changing Landscape of Youth Work Stephen F Hamilton Sibnath Deb Peter A. Witt William B. Kearney National Research Council Francisco Villarruel Peter L. Benson Lynn Davey Melvin Delgado Matthew Calvert E. Gil Clary Marybeth Shinn Institute of Medicine Christopher R. Edginton Nancy L. Deutsch Mary E. Arnold Nancy L. Deutsch Kristen M. Pozzoboni

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in recent years the fields of psychology and human development have focused growing attention on issues of positive youth development this volume provides a tool that can be used by researchers practitioners and policy makers alike to build collective efforts to enhance the well being of youth professor hamilton is one of the most respected scholars in the country there is no doubt in my mind that this volume will not only make a significant contribution in the field but more important that it is a volume that will be utilized across disciplines and professions francisco a villarruel michigan state university the conceptualization and comprehensiveness are excellent the book also deals with a newly emerging and exciting field and hence is at the forefront of research policy and practice a useful resource lonnie sherrod fordham university both timely and potentially very useful nothing nearly as inclusive as this youth development handbook now exists john kretzmann northwestern university a handbook like this is a good idea because of the interest in communities and colleges in this topic and because of the number of programs being developed targeted at adolescents i believe the book will serve as a useful reference for scholars policy makers and program development specialists there are no other comparable resources that focus on exemplary programs and community development issues

philip newman university of rhode island what are the types of environments in which youth thrive how do we cultivate such environments to promote optimal development and positive behavior in youth the youth development handbook coming of age in american communities provides youth and development practitioners access to current theory and research in the field of youth development including illustrations of good practice original case studies and a contextual approach to such topics as youth participation and diversity because youth practitioners typically identify themselves with one or more contexts such as youth serving organizations or faith based organizations editors stephen f hamilton and mary agnes hamilton have arranged the book so that each chapter explores the application of youth development principles to its context drawing on current research part i of the book is organized around contexts in which adolescents grow up such as schools workplaces families peer groups youth serving organizations faith based organizations recreation groups juvenile courts health clinics neighborhoods and cyberspace part ii addresses broader issues such as evaluation funding and community wide initiatives and the concluding chapter identifies themes that cut across contexts including mentoring universal vs targeted approaches and evidence based practice features of this volume chapters written expressly for the book by established scholars committed to learning from the field and making research useful to practitioners in everyday life rather than a how to guide the book is a source of information and ideas for use in planning programs training practitioners and understanding the perspectives of partners in community collaborations original case studies provide illustrations of good practice in working with youth to optimize growth and development in varied settings such as the family school youth organizations and workplaces serves as both a useful reference and as a state of the art account of youth development as a field the youth development handbook is designed for scholars and researchers in applied developmental science as well as practitioners and policy makers who implement youth development initiatives the book is also recommended for use in graduate courses on youth development in the fields of psychology human development family studies and education

this handbook provides a comprehensive overview of youth development including theories and applications across different countries namely india the uk and australia it presents the status of youth and their role in society their education and their career perspectives the focus is on developing youth s internal abilities by providing a creative and supportive environment through appropriate mentorship and encouragement it discusses a wide range of contemporary and relevant issues relating to holistic career growth of youth whereby youth work is recognized as a profession academicians from various disciplinary backgrounds offer conceptual and methodological perspectives chapters into five themes focus on a balance between developing stable protective factors for mental health and positive youth development to ensure appropriate cognitive social emotional and behavioral skills needed to thrive in an evolving world it discusses the status of the youth in terms of digital competency engagement of youth in sports teaching political process and community development activities in the present and rapidly altering world scenario the book also discusses the role of institution based family counseling for healthy youth development given its comprehensive coverage the handbook is an essential resource for a broad audience of youth researchers practitioners and policymakers of population sciences childhood and youth studies development studies and psychology

out of school time ost settings are powerful contexts for youth development when programs and services are intentionally designed youth development principles and practices in out of school time settings was written to increase the capacity of students

and professionals to facilitate youths optimal transition to adulthood through maximizing the developmental benefits accrued by participating in ost programs and experiences peter a witt and linda l caldwell two well respected researchers in the youth development field have brought together a group of outstanding authors who provide an exceptional blend of theory and practice based information critical to anyone seeking to conceptualize design and evaluate ost programs all chapters are based on tenets of positive youth development necessary to enable youth to thrive the book is divided into five sections 1 youth development principles and foundational information e g youth today as well as an historical perspective on youth work 2 developing youths potential including specific chapters on leisure and recreation youth sport nature based activities and the arts 3 systematic program planning and evaluation of youth programs 4 the role of adults and families in the lives of youth 5 issues of diversity in youth development e g race and ethnicity immigrant lgbt and ability level a final chapter discusses the knowledge skills and behaviors necessary to become a skilled youth professional each chapter ends with thought provoking discussion questions and assignments that encourage application and further exploration of the chapters content the book is a must read for students and practitioners seeking to understand youth today and support their development through out of school time programs

in the past thirty six years working with child and youth programs from the local to the federal level in the private not for profit and public sectors i have observed more than a thousand child and youth programs as i visit program sites i have often seen the same scenario play out over and over again well intentioned volunteers and eager new staff want to work with and contribute to the lives of young people but they don't get the training support or resources they need to succeed they do not have understanding of child and youth development and how to use these principles as they work with young people so often organizations don't have the budgets and resources to provide the needed level of child and youth development training and practice for new staff and volunteers

on january 25 1996 the committee on youth development of the board on children youth and families convened a workshop to examine the implications of research on social settings for the design and evaluation of programs that serve youth the january workshop provided an opportunity for the committee to examine the strengths and limitations of existing research on interactions between social settings and adolescent development this research has drawn attention to the importance of understanding how when and where adolescents interact with their families peers and unrelated adults in settings such as home school places of work and recreational sites this workshop builds on previous work of the national research council and reiterates its support for integrating studies of social settings into more traditional research on individual characteristics family functioning and peer relationships in seeking to describe and explain adolescent behavior and youth outcomes not only does this report examine the strengths and limitations of research on social settings and adolescence and identify important research questions that deserve further study in developing this field but it also explores alternative methods by which the findings of research on social settings could be better integrated into the development of youth programs and services specific themes include the impact of social settings on differences in developmental pathways role expectations and youth identity and decision making skills as well as factors that contribute to variations in community context

this edited text focuses on positive approaches to youth development that are rapidly supplanting the traditional deficit oriented problem reduction approach the book addresses the question what does it take to create a community that will promote the

positive opportunities that can optimize the development of all young people the book draws together the perspectives of top names and programs in positive youth development thus assuring readers of authoritative cutting edge coverage

moving the youth development message turning a vague idea into a moral imperative peter I benson and karen pittman the contagion of an idea in the past fifteen years countless programs agencies funding initiatives profes sionals and volunteers have embraced the term youth development linked more by shared passion than by formal membership or credentials these people and places have contributed to a wave of energy and activity not unlike that of a social movement with a multitude of people on the ground connecting to a set of ideas that give sustenance support and value to increasingly innovative efforts to build competent successful and healthy youth there are several particularly interesting dimensions to this movement first the youth development idea has the potential to draw people and organizations to gether across many sectors conferences and initiatives using youth development language attract increasingly eclectic audiences bringing together national youth organizations schools city county and state agencies police and juvenile jus tice workers clergy and committed citizens perhaps embedded in the youth de velopment idea is a philosophy or a way that has created an intellectual and or spiritual home for actors across many settings however this happens it is clear that one of the powerful social consequences of the youth development idea is a connecting of the dots the weaving within and across city county state and of a tapestry of new relationships

since 1999 the nonprofit frameworks institute has investigated how americans think about social issues from children and youth to education and race and how scientists policy experts and advocates can do a better job of engaging the public in solutions frameworks institute s empirical approach integrates essential constructs from the cognitive and social sciences to investigate the worldviews and patterns of thinking that ordinary people enlist when considering social problems the goal of this approach is to deliver communications strategies that are grounded in research and have the potential to change the public debate if they are effectively deployed this volume focuses on the theory research and practice of frameworks decade of work in evidence based communications strategies for child and youth issues the articles explain where this approach is situated within the broader conversation on communications for social change why an iterative multimethod process is necessary to determine the communications strategies that will elevate the public dimensions of children s and youth s developmental trajectories and how experts and advocates are applying these evidence based communications strategies to their work on behalf of children and youth this is the 124th volume of new directions for youth development the jossey bass quarterly report series dedicated to bringing together everyone concerned with helping young people including scholars practitioners and people from different disciplines and professions the result is a unique resource presenting thoughtful multi faceted approaches to helping our youth develop into responsible stable well rounded citizens

practical guide and theoretical manifesto new frontiers for youth development is a vital roadmap to the problems and prospects of youth development programs today and in the future in response to an unprecedented array of challenges policy makers and care providers in the field of youth dvevelopment have begun to expand the field both practically and conceptually this expansion has thus far outstripped comprehensive analysis of the issues it raises among them the important matter of establishing common standards of legitimacy and competence for practitioners new frontiers for youth development is an overview of the field designed to foster a better understanding of the multifaceted aspects and inherent tensions of youth development melvin delgado outlines the broad social forces that affect youth

particularly at risk or marginalized youth and the programs designed to address their needs he stresses the importance of a contextualized approach that avoids rigid standardization and is attuned to the many factors that shape a child s development cognitive emotional physical moral social and spiritual the key characteristic of youth development in the twenty first century delgado suggests is the participation of young people as practitioners themselves youth must be seen as assets as well as clients incorporated into the educational process in ways that build character maturity and self confidence

this volume builds understanding of practices in youth and community development that create or build social capital assets at the individual group and community levels the authors explore whether programs contribute to the development of social capital at the individual and community scales thereby fostering and enhancing positive youth development as well as community development it includes articles on defining and measuring social capital through instruments designed to document impact and also to engage program participants the authors then discuss program practices that build social capital in a wide range of youth development settings from community based service learning to 4 h community clubs finally they focus on building social capital in particular contexts including work in rural communities with the most vulnerable youth the volume is designed to help practitioners refine their dual focus on youth and community development clarify constructs that help translate the public value of positive youth development to community stakeholders provide examples of practices that link youth and youth programs more intentionally to the social relationships that knit communities together this is the 138th volume of new directions for youth development the jossey bass quarterly report series dedicated to bringing together everyone concerned with helping young people including scholars practitioners and people from different disciplines and professions

perhaps no other challenge is more pressing in creating developmentally tentive community and society the theme of this book series than mobilizing adultstoplayactive constructiverolesinthelivesofchildrenandadolescents in a society that too easily defaults to designing programs as cure alls for meeting young people s needs particular attention must be paid to understanding and mobilizing the kind of positive relational energy that prepares each successive generation to assume its place in society although programs and institutions certainlyplayimportantroles thekeyliesinthepersonalcommitment invol ment and investment of adults in young people s lives in mobilizing adults for positive youth development strategies for closing the gap between beliefs and behaviors e gil clary and jean e rhodes have ass bled the insights of leading scholars from multiple disciplines and contexts for engaging a broad cadre of adults as allies for youth development as the editors write thequestionguidingthebookis howcanwemosteffectivelyencourage adults both individually and collectively to begin to behave differently with spect to the young people of a community to do so consistently and to do so in a variety of ways what is being proposed then is nothing less than a social movement that engages individuals small groups neighborhoods workplaces schools faith communities and broader social institutions in attending to the well being and healthy development of young people

social settings have enormous power to promote or hinder positive youth development researchers and practitioners know a great deal about features of schools and programs for youth that affect development but much less about how to transform settings to bring about these desirable features this book shows how to harness the power of settings it shifts the debate from simply enhancing youth outcomes at the individual level to improving the settings of youths daily lives the book offers researchers and practitioners blueprints for creating and changing influential settings including classrooms schools universities out of school time

programs ethnic systems of supplementary education and other community based programs leading scholars in psychology education human development sociology anthropology economics law and public policy discuss a wide array of social change strategies and describe how to measure key features of settings as a target and guide for change the authors also demonstrate how larger social structures such as school districts community coalitions community data resources can support change many of the chapters describe ways to make settings work for all youth including those marginalized by reason of race ethnicity social class or sexual orientation toward positive youth development will guide researchers educators administrators and policy makers to improve schools and youth programs for all of america s youth

after school programs scout groups community service activities religious youth groups and other community based activities have long been thought to play a key role in the lives of adolescents but what do we know about the role of such programs for today s adolescents how can we ensure that programs are designed to successfully meet young people s developmental needs and help them become healthy happy and productive adults community programs to promote youth development explores these questions focusing on essential elements of adolescent well being and healthy development it offers recommendations for policy practice and research to ensure that programs are well designed to meet young people s developmental needs the book also discusses the features of programs that can contribute to a successful transition from adolescence to adulthood it examines what we know about the current landscape of youth development programs for america s youth as well as how these programs are meeting their diverse needs recognizing the importance of adolescence as a period of transition to adulthood community programs to promote youth development offers authoritative guidance to policy makers practitioners researchers and other key stakeholders on the role of youth development programs to promote the healthy development and well being of the nation s youth

provides an introductory overview of the professional practice of youth work and youth development this book captures the elements that make youth work a unique and powerful experience for those working with young people topics include adolescence as a life stage historical perspectives approaches and orientations to youth work practical program and leadership strategies ethics multi culturalism policy formation professional career development and more

the first volume of this springerbrief presents a series of papers compiled from a conference about how after school programs may be implemented to promote positive youth development pyd hosted by youth nex the university of virginia center to promote effective youth development this volume reviews the importance of after school programs for pyd and discusses key components of effective after school programs it also discusses issues related to the evaluation and measurement of quality in after school programs in addition the brief presents suggestions for how researchers policy makers and practitioners can move the field forward and maximize the potential of after school time and programs for promoting positive youth development for children and adolescents topics featured in this brief include the history of the relationship between after school programs and positive youth development specific features of programs that are important for advancing positive youth development issues in and approaches to measuring quality in after school programs the quality engagement skills transfer quest model and its use for measuring effective after school programs a case study evaluation of the girls on the run program after school programs to promote positive youth development volume 1 is a must have resource for policy makers and related professionals graduate students and researchers in child and school psychology family studies public health social work law criminal justice and sociology

this book presents positive youth development research in easy to understand concepts that have direct and clear application to youth development practice using the 4 h thriving model as an example it discusses key areas of youth development research such as developmental settings learning and development and youth thriving in the context of their relevance to effective youth development practice each chapter examines a particular aspect of youth development research providing a succinct summary of the topic detailing implications for youth development practice and offering guidance for translating the research into practice contributors introduce the need for high quality science based youth development programs the importance of high quality youth development settings critical facets of youth thriving and the benefits of such programs to society writ large key areas of coverage include the science of learning and development as well as the role of learning and meaning making positive youth development program models and high quality youth program settings youth belonging and equity in youth programming developmental relationships challenge and growth mindset and prosocial development as well as purpose hope and identity transcendent awareness emotional regulation and self regulation and goal setting positive youth development is an essential resource for all professionals clinicians and practitioners as well as researchers educators and graduate students in developmental psychology child and adolescent psychiatry school psychology clinical social work public health education and all related disciplines

the second volume of this springerbrief presents a series of papers compiled from a conference addressing how after school programs can promote positive youth development pyd hosted by youth nex the university of virginia center to promote effective youth development it examines summer learning and best practices for different types of after school programs by drawing on the experiences of researchers program staff and youth participants it also presents case studies of five specialized programs and discusses their strengths limitations and challenges in addition the brief offers recommendations drawn from across the two volumes for how researchers policy makers and practitioners can move the field forward and maximize the potential of after school time and programs to promote positive youth development for children and adolescents featured case studies of specialized after school programs include richmond virginia s rosmy the clubhouse where technology meets imagination the young women leaders program ywlp whatever it takes wit program utec of lowell massachusetts after school programs to promote positive youth development volume 2 is a must have resource for policy makers and related professionals graduate students and researchers in child and school psychology family studies public health social work law criminal justice and sociology

the purpose of this book is to compile and publicize the best current thinking about training and professional development for youth workers school age youth spend far more of their time outside of school than inside of school the united states boasts a rich and vibrant ecosystem of out of school time programs and funders ranging from grassroots neighborhood centers to national boys and girls clubs the research community too has produced some scientific consensus about defining features of high quality youth development settings and the importance of after school and informal programs for youth but we know far less about the people who provide support guidance and mentoring to youth in these settings what do youth workers do what kinds of training certification and job security do they have unlike k 12 classroom teaching a profession with longstanding if contested legitimacy and recognition youth work does not call forth familiar imagery or cultural narratives ask someone what a youth worker does and they are just as likely to think you are talking about a young

person working at her first job as they are to think you mean a young adult who works with youth this absence of shared archetypes or mental models is matched by a shortage of policies or professional associations that clearly define youth work and assume responsibility for training and preparation this is a problem because the functions performed by youth workers outside of school are critical for positive youth development especially in our current context governed by widening income inequality the us has seen a decline in social mobility and an increase in income inequality and racial segregation this places a greater premium on the role of ost programs in supporting access and equity to learning opportunities for children particularly for those growing up in neighborhoods of concentrated poverty fortunately in the past decade there has been an emergence of research and policy arguments about the importance of naming defining and attending to the profession of youth work a report released in 2013 by the dc children and youth investment corporation suggests employment opportunities for youth workers are growing faster than the national average and as the workforce increases so will efforts to professionalize it through specialized training and credentials our purpose in this volume is to build on that momentum by bringing together the best scholarship and policy ideas coming from in and outside of higher education about conceptions of youth work and optimal types of preparation and professional development

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