Complementary Alternative Therapies Nursing Practice

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revision of complementary alternative therapies for nursing practice 3rd ed 2009

doody s core selection the ninth edition of this acclaimed resource is completely updated to deliver the newest evidence based research and practice guidelines for commonly used complementary therapies in nursing the book delivers new and expanded international content including information highlighting indigenous culture based therapies and systems of care it features many recent advances in technology including digital resources facilitating effective delivery monitoring and measurement of therapy outcomes this resource presents evidence for using complementary therapies with populations experiencing health disparities and describes a new approach to use of complementary therapies for nurses and patients self care state of the art information also includes expanded safety and precaution content updated legal concerns in regulation and credentialing a discussion of challenges and strategies for implementing therapies and programs and a completely new chapter on heat and cold therapies the ninth edition continues to provide in depth information about each complementary therapy as well as the scientific basis and current evidence for its use in specific patient populations consistent chapter formats promote ease of access to information and each therapy includes instructional techniques and safety precautions new to the ninth edition expanded information related to technology and digital resources to foster effective delivery monitoring and measuring therapy outcomes new and expanded international content highlighting indigenous culture based therapies and systems of care new information on integrating therapies in practice with abundant case examples examples of institution wide or organization wide complementary therapy programs new chapter on heat and cold therapies all new content on the use of therapies for self care key features 80 prominent experts sharing perspectives on complementary therapies from over 30 countries chapters include a practice protocol delineating basic steps of an intervention along with measuring outcomes consistently formatted for ease of use presents international sidebars in each chapter providing rich global perspectives

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named a 2013 doody's core title consistently offers easily accessible and timely information on how complementary therapies influence the health comfort and well being of patients in a variety of clinical settings it is an influential resource for nurses in practice education and research janice post white phd rn faan now in its sixth edition this highly acclaimed book continues to provide nurses with cutting edge research and practice guidelines for complementary and alternative therapy enriched with new chapters contributors live web resources with the authors own updated information and a new emphasis on evidence based practice this highly anticipated edition demonstrates how nurses can serve as an active healing presence for their patients also new to this edition is the authors emphasis on cultural awareness to this end the authors incorporate new engaging cultural applications in every chapter cutting edge therapies discussed include energy and biofield healing touch light therapy and reflexology mind body yoga meditation and storytelling manual massage exercise and tai chi biological based aromatherapy and herbal therapies as the consumer demand for complementary therapies continues to increase it is critical that nurses have thorough knowledge of complementary therapies in order to stay informed about research and practice guidelines alert patients to possible contraindications with western biomedicine and even incorporate some of these therapies in their own self care

a clearly written book that provides an excellent introduction to alternative therapies systematized health care practices botanical healing manual healing methods mind body techniques spiritual therapies and more for nurses and practitioners in allied health fields who seek to expand their practice to offer wider choices to consumers of health care

this comprehensive handbook covers more than 100 alternative and complementary therapies as well as fundamentals of alternative therapies and their impact on nursing practice organized by category each entry includes an introduction therapeutic uses a research summary equipment procedures involved complications and a nursing perspective where appropriate entries include safety factors contraindications possible adverse effects and specialty group concerns reference lists of research studies are included at the end of each chapter new features include 10 new entries a revised and updated herbal therapy chart that includes dosages and an in text clinical alert logo that highlights warnings and other critical information special emphasis is placed on patient teaching and how to incorporate alternative and complementary care and nursing practice

now in its eighth edition this highly acclaimed newly revised and expanded text continues to deliver innovative practice guidelines for

evidence based complementary and alternative therapies that can easily be incorporated into curriculum and applied directly to practice the book describes holistic treatments that are culturally appropriate for clients across the life span and nclex relevant content appropriate for preparation of advanced practice nurses the eighth edition reflects an expanding interest in these therapies worldwide and features numerous sidebars by international contributors who provide a global perspective that builds readers understanding of the cultural derivations and uses of complementary therapies the new edition also highlights digital and technical advances provides key updates to foundations for practice and describes cutting edge research included is a description of the evolution and establishment of the national center for complementary and integrative health nccih and its current national agenda updated legal information regarding regulation and credentialing enlarged safety and precaution content and the inclusion of a broad range of therapies add to the utility of this new edition the only book about complementary and alternative therapies written specifically for nurses that focuses on essential evidence for practice the text uses a consistent format to present a definition and description of each therapy a summary of how it evolved and a rationale for its use the scientific basis and research evidence for use of each therapy in a variety of specific patient populations is emphasized sidebars in each chapter describe the use of various therapies in different settings worldwide all chapters provide practical guidelines for using the therapies to promote health and comfort while increasing patients well being and satisfaction with care new to the eighth edition updated research based content including new cutting edge references expanded content about technology and digital resources new foreword and endorsements by prominent scholars describes key steps in evolution of the nccih and its current national agenda highlights indigenous culturally based therapies new chapter systems of care sowa rigpa the tibetan knowledge of healing new chapter independent personal use of complementary therapies new chapter afterword creating a preferred future editors reflections updated information on legal concerns regulation and credentialing enlarged safety and precaution content helpful tips for selecting practitioners use of therapies for nurses and patients self care strategies for initiating institution wide therapies and programs key features delivers comprehensive and current guidelines for therapy use written by highly respected nurse experts employs a consistent format for ease of use describes instructional techniques and safety precautions for each therapy provides a strong international focus

looks at ways nurses historically have demonstrated care since the writings of florence nightingale and how caring modalities now referred to as complementary therapies have been used examines connections between five aspects of demonstrating care and five

categories of nursing fundamentals and their relationship with complementary therapies science and art of each modality is addressed for nurses who wish to integrate complementary therapies into their biomedical practice author information is not given annotation copyrighted by book news inc portland or

this book offers a systematic approach to a wide range of alternative complementary therapies that can be used by nurses independently each of the 28 chapters describes a different therapy and follows a standard format definition review of current research description of uses and techniques precautions and a list of questions for further research students and clinicians in all specialty areas of nursing will find this a straightforward and practical resource

the therapies described in this book include nutrition aromatherapty relaxation techniques music therapy pet therapy therapeutic touch and massage they can be used in nursing practice to induce relaxation help create a healing environment increase comfort reduce pain and address troublesome symptoms but they also have a role in empowering both nurses and patients to maintain their own health cover

named a 2013 doody's core title consistently offers easily accessible and timely information on how complementary therapies influence the health comfort and well being of patients in a variety of clinical settings it is an influential resource for nurses in practice education and research janice post white phd rn faan now in its sixth edition this highly acclaimed book continues to provide nurses with cutting edge research and practice guidelines for complementary and alternative therapy enriched with new chapters contributors live web resources with the authors own updated information and a new emphasis on evidence based practice this highly anticipated edition demonstrates how nurses can serve as an active healing presence for their patients also new to this edition is the authors emphasis on cultural awareness to this end the authors incorporate new engaging cultural applications in every chapter cutting edge therapies discussed include energy and biofield healing touch light therapy and reflexology mind body yoga meditation and storytelling manual massage exercise and tai chi biological based aromatherapy and herbal therapies as the consumer demand for complementary therapies continues to increase it is critical that nurses have thorough knowledge of complementary therapies in order to stay informed about research and practice guidelines alert patients to possible contraindications with western biomedicine and even incorporate some of these therapies in their own self care

written from a nursing perspective this comprehensive overview of alternative health practices and complimentary therapies covers the principles techniques research health promotion methods and healing practices for specific illnesses and symptoms motivating readers to explore alternative approaches increase their knowledge about factors which contribute to health and illness and expand their professional practice appropriately describes alternative practices their backgrounds and claims preparation of practitioners concepts diagnostic methods treatments and evidence of research studies provides suggestions for implementing alternative healing therapies into western health care systems and introduces the philosophical approaches to both western biomedicine and alternative or complementary medicine considers systematized health care practices botanical healing including herbs nutritional supplements and aromatherapy manual healing methods such as chiropractic massage and pressure point therapies hand mediated biofield therapies and physical biofield therapies mind body techniques including yoga hypnotherapy and biofeedback spiritual approaches working with shamans and the use of faith and prayer and other alternative therapies such as bioelectromagnetics try this boxes discuss focused breathing visualization emotional first aid improving dream recall absorbing earth energy interacting with your pet and more for nurses and allied health professionals

featuring analysis of healthcare issues and first person stories policy politics in nursing and health care helps you develop skills in influencing policy in today s changing health care environment 145 expert contributors present a wide range of topics in policies and politics providing a more complete background than can be found in any other policy textbook on the market discussions include the latest updates on conflict management health economics lobbying the use of media and working with communities for change the revised reprint includes a new appendix with coverage of the new affordable care act with these insights and strategies you II be prepared to play a leadership role in the four spheres in which nurses are politically active the workplace government professional organizations and the community up to date coverage on the affordable care act in an appendix new to the revised reprint comprehensive coverage of healthcare policies and politics provides a broader understanding of nursing leadership and political activism as well as complex business and financial issues expert authors make up a virtual nursing who s who in healthcare policy sharing information and personal perspectives gained in the crafting of healthcare policy taking action essays include personal accounts of how nurses have participated in politics and what they have accomplished winner of several american journal of nursing book of the year awards a new appendix on the affordable care act its implementation as of mid 2013 and the implications for nursing is included in

the revised reprint 18 new chapters ensure that you have the most up to date information on policy and politics the latest information and perspectives are provided by nursing leaders who influenced health care reform with the patient protection and affordable care act of 2010

featuring analysis of healthcare issues and first person stories policy politics in nursing and health care helps you develop skills in influencing policy in today s changing health care environment approximately 150 expert contributors present a wide range of topics in policies and politics providing a more complete background than can be found in any other policy textbook on the market discussions include the latest updates on conflict management health economics lobbying the use of media and working with communities for change with these insights and strategies you II be prepared to play a leadership role in the four spheres in which nurses are politically active the workplace government professional organizations and the community comprehensive coverage of healthcare policies and politics provides a broader understanding of nursing leadership and political activism as well as complex business and financial issues expert authors make up a virtual nursing who s who in healthcare policy sharing information and personal perspectives gained in the crafting of healthcare policy taking action essays include personal accounts of how nurses have participated in politics and what they have accomplished winner of several american journal of nursing book of the year awards 18 new chapters ensure that you have knowledge of the most up to date information on policy and politics the latest information and perspectives are provided by nursing leaders who influenced health care reform with the patient protection and affordable care act of 2010

the second edition of integrative nursing is a complete roadmap to integrative patient care providing a guide to the whole person whole systems assessment and clinical interventions for individuals families and communities treatment strategies described in this version employ the full complement of evidence informed methodologies in a tailored person centered approach to care integrative medicine is defined as healing oriented medicine that takes account of the whole person body mind and spirit as well as all aspects of the lifestyle it emphasizes the therapeutic relationship and makes use of appropriate therapies but conventional and alternative from publisher s description

developed under the direction of the international council of nurses icn this book is part of a series exploring advanced practice globally it is the first known volume to provide an international view of the advanced practice role of clinical nurse specialist cns it

features an in depth examination of advanced speciality practice in nursing and the advanced practice role of the clinical cns content includes models of practice core practice competencies curricular recommendations practice outcomes and regulatory requirements related to scope of practice the cns role and practice as implemented in north america europe asia and oceania are examined in the context of the country s healthcare system educational traditions and regulatory requirements exemplars describe role implementation in various specialty practices and discuss how the role is implemented to advance nursing and improve clinical and fiscal outcomes measurement and evaluation of cns practice in the context of countries and health care systems are examined for practicing cnss this book provides an in depth examination of the role from the global perspective for administrators it provides a foundational understanding of the cns role and practice and performance expectations educators will use the book as a resource for curriculum development whereas students will offers an expanded global view of the role advanced practice roles including the cns are continuing to evolve this book makes important contributions to a global understanding of the cns role

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